

## XII BALTIC OPEN MASTERS CHAMPIONSHIP RIGA'S AMBER CUP 2020

### REGULATIONS

#### I. Objective:

To determine the best master swimmers and teams in the Baltic Region. The championship is open for master swimmers from any country.

#### II. Date and place:

**Venue:** Sporta komplekss „Sporta nams “Daugava”” (*swimming pool of the sports centre „Daugava”*),  
**address:** 107 Kr. Barona iela, Riga, Latvia (25 m, 6 lanes, electronic timing OMEGA Ares 21).

**Date:** 22/02-23/02/2020

#### III. Organisation:

- Event is organized by the association "HANDICAP" in cooperation with the Latvian Swimming Federation, the Riga City Council, sport centre "Daugava".
- The championship is organized according to FINA Rules.

#### IV. Participants and age groups:

- There are 12 swimmers on each team.
- Each participant may take part in no more than 2 events in each session, except for the swimming relay, and in no more than 2 swimming relays.
- Best individual swimmers shall be selected by adding up obtained scores from two events according to DSV Master Performance Table.
- Scores of the teams will be calculated as follows:
  - Individual events: 1<sup>st</sup> place winner of a discipline (according to DSV Master Performance Table) gets 12 points; 2<sup>nd</sup> place – 10 p.; 3<sup>rd</sup> place – 8 p.; 4<sup>th</sup> place - 7 p.; 5<sup>th</sup> place - 6 p.; 6<sup>th</sup> place – 5 p.; 7<sup>th</sup> place - 4 p.; 8<sup>th</sup> place – 3 p.; 9<sup>th</sup> place – 2 p.; 10<sup>th</sup> place – 1 p..
  - Swimming relays: 1<sup>st</sup> place – 24 p.; 2<sup>nd</sup> place – 20 p.; 3<sup>rd</sup> place – 16 p.; 4<sup>th</sup> place - 14 p.; 5<sup>th</sup> place - 12 p.; 6<sup>th</sup> place - 10 p.; 7<sup>th</sup> place - 8 p.; 8<sup>th</sup> place - 6 p.; 9<sup>th</sup> place – 4 p.; 10<sup>th</sup> place – 2 p.
  - Points of the team members shall be calculated, considering two strokes indicated in the application.
- Each participant is fully responsible for his/ her health condition.
- Age of participants by 31/12/2020.
- Age groups in individual events:

A 25-29	E 45-49	H 60-64	L 80-84
B 30-34	F 50-54	I 65-69	M 85-89
C 35-39	G 55-59	J 70-74	N 90-94
D 40-44	G 55-59	K 75-79	O 95+

- Age groups in team relays:

A 100-119	E 240-279
B 120-159	F 280-319
C 160-199	G 320+
D 200-239	

#### V. Popular class

Popular class (beginners) participants can start in distance of 50m freestyle.

Anyone who is not competing at a masters level competition can participate in this class. All of Open class, participants will be awarded with medals.

#### VI. Entry fees



- Participation fee – 25 EUR.
- Each relay – 20EUR.
- The invoice for the estimated entries and other fees will be sent to the applicant's electronic address.
- The participation fee shall be transferred by **17/02/2020**.
- Cash payments are not accepted.
- Travel expenses to and from the tournament venue, accommodation and catering shall be covered individually or from the budget of the organisation represented by the swimmer.

**VII. Registration:**

- Team registration (individual entries and relays) must be submitted on website <https://www.swimrankings.net/manager/> or completing the application form in .xls format (find attached) via e-mail: [info@rigaambercup.lv](mailto:info@rigaambercup.lv) till 17<sup>th</sup> of February, 2020.
- Team applications for swimming relays must to be submitted to the chief secretary of the championship on the day of tournament **until** start of warm-up.

**Note:** After **20<sup>th</sup> february**, during registration and championship, no changes to strokes will be allowed.

**VIII. Schedule:**

22 <sup>th</sup> February (Saturday)	23 <sup>th</sup> February (Sunday)
<i>Registration from– 14:00</i>	
<p style="text-align: center;"><b>I session</b> <i>Start - 16:00 (warm up – 15:30)</i></p> <p>1/2 200m IM (women, men) 3/4 50m fly (women, men) 5/6 50 m backstroke (women, men) 7/8 100 m freestyle (women, men) 9/10 200m fly (women, men) 11/12 200m backstroke (women, men) 13/14 100m breaststroke (women, men) 15 4x50 m medley relay (MIX)</p>	<p style="text-align: center;"><b>II session</b> <i>Start - 10:00 (warm up – 9:30)</i></p> <p>16 50m freestyle with disabilities 17/18 <b>50m freestyle (beginners - women, men)</b></p> <p>19/20 50m freestyle (women, men) 21/22 50 m breaststroke (women, men) 22/23 100m backstroke (women, men) 24/25 100 m fly (women, men) 26/27 200m freestyle (women, men) 28/29 200m breaststroke (women, men) 30/31 100m IM (women, men) 32 4x50m freestyle relay (MIX) <b>Award ceremony 30 min. after start.</b></p>

**VI. Award ceremony: Award ceremony of winners shall be held on 30 min. after start.**

- Main award of the team tournament – Amber Cup:
  - 1<sup>st</sup> Place – big cup
  - 2<sup>nd</sup> Place – medium cup
  - 3<sup>rd</sup> Place – small cup
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded medals for each individual discipline.
- 10 best women and 10 best men scoring the highest number of points in two strokes will be awarded prizes (according to DSV Master Performance Table).

**Contact:**

Information shall be published on the website [www.swimming.lv/masters](http://www.swimming.lv/masters)

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