



INVITATION

24th OPEN MASTERS SWIMMING CHAMPIONSHIP

„THE SECOND BREATHE”

Aim of the competition and tasks:

1. To improve sportsmanship of master swimmers.
2. To promote swimming sport and healthy life style.
3. To strength a friendship between the various national master swimming clubs and master swimmers.

Administration of the competition:

The competition is organized by the swimming club „AQUA”.

The competition supported by Valmiera City Municipality and VIDZEME OLYMPIC CENTRE Swimming pool.

Competition is certified generally in accordance with FINA rules and under the event regulations Automatic competition management and timing system will be used (OMEGA Quantum Aquatics)

Head referee – V.Sirjajevs

Participants:

Competition is open to all registered Masters Swimmers 25 years of age and over.

The age of competitors is determined as of 31st December 2019.

Age groups for individual events are as follows:

A 25 – 29; B 30 – 34; C 35 – 39; D 40 – 44; E 45 – 49; F 50 – 54; G 55 – 59; H 60 – 64; I 65 – 69; J 70 -

Each participant bears personal responsibility for health condition and must confirm it by signing special form at the registration.

The competition time and location:

May 25th – 26th, 2019

Valmiera swimming pool /25m 8 lines/

Address: Rigas iela 91, Valmiera LV-4201, Latvia

Schedule:

Saturday, May 25th

13:30 Warm up

14:00 Competition

200m Free W, M.
200m Breast W, M.
200m Fly W, M.
200m Back W, M.
200m, IM W, M.
400m IM W, M.
400m Free W, M.
800m Free W, M.

Sunday, May 26th

9:30 Warm up

10:00 Competitions

50m Free W, M.
50m Back W, M.
50m Breast W, M.
50m Fly W, M.
Relay 4 x 25m (2+2)

Awarding:

All participants will be awarded with Diploma and medal.

Top 6 women and top 6 men will be awarded **with prizes**. Rating according to points of master swimming calculator system for 1 race with the best result.

Entry fees:

Two days competition – 15,- €

Entries:

For entries please use the entry form (attached) to fill in all necessary information - name, surname, gender, year of birth, age group, distance, entry time. Entries have to be sent **until May 20th** by e-mail:

aqua.otraelpa@inbox.lv

Entry fee for competition and the evening party **should be paid by arrival on May 25th, till 13:30**

Suggested accommodation in Valmiera:

1. www.naktsmajas.lv; Located next to the swimming pool.
Standard price for double room 55, EUR with breakfast included. To get 10% discount, e-mail directly to monta.martinsone@naktsmajas.lv

2. Sajūtu Parks <https://www.sajutuparks.lv/en/hotel/sajutuparks@voc.lv> Optional breakfast at hotel Naktsmājas on 26th May

3. BESTES APARTAMENTI
Till 45 people are very welcomed to enjoy the stay! There are 12 apartments with fully equipped kitchenette, private bathroom and free WiFi each. For a group starting from 10 people price per person - 15 euros.

Wider description of hotel You can find on e-mail attachment.
More pictures and public offer You can see on [Booking.com](https://www.booking.com) site:
<https://booki.ng/2RUM6yx>

4. www.avoti.com;
5. www.wolmar.lv;
6. www.macibucentrs.lv;